



NEW DATES TBD **PRESS PAUSE RETREAT** FOR WOMEN LEADERS

Come join us for this intentional weekend of learning, growth and self-care with a group of women that just need to take some time to reflect, restore and refocus.

This retreat is an invitation to be the author of your own experience.

- What if you gave up on being perfect and began the work of becoming yourself?
- What does the best version of yourself look like?
- How do you want to show up each day?
- Where do you want to spend your energy and what do you want to let go of?

Executive coaches Louise Keefe and Janine Lombardi will be your guides in discovering the power of YOU providing coaching, tools, knowledge, resources for you to make it an impactful weekend.



Louise Keefe



Janine Lombardi

DO YOU NEED A TIME OUT TO REFLECT,
RESTORE AND REFOCUS?



WHAT'S GETTING IN THE WAY OF BEING
YOUR BEST SELF?



HOW ARE YOU SPENDING YOUR TIME &
ENERGY?



BIG ROLE? NEW CHAPTER? SEARCHING
FOR NEXT STEPS?



**PRESS PAUSE TO BE INTENTIONAL &
MAKE IT REAL**

LOGISTICS:

New dates TBD

Check in Friday at 4:00pm

Check out Sunday at 1:00pm

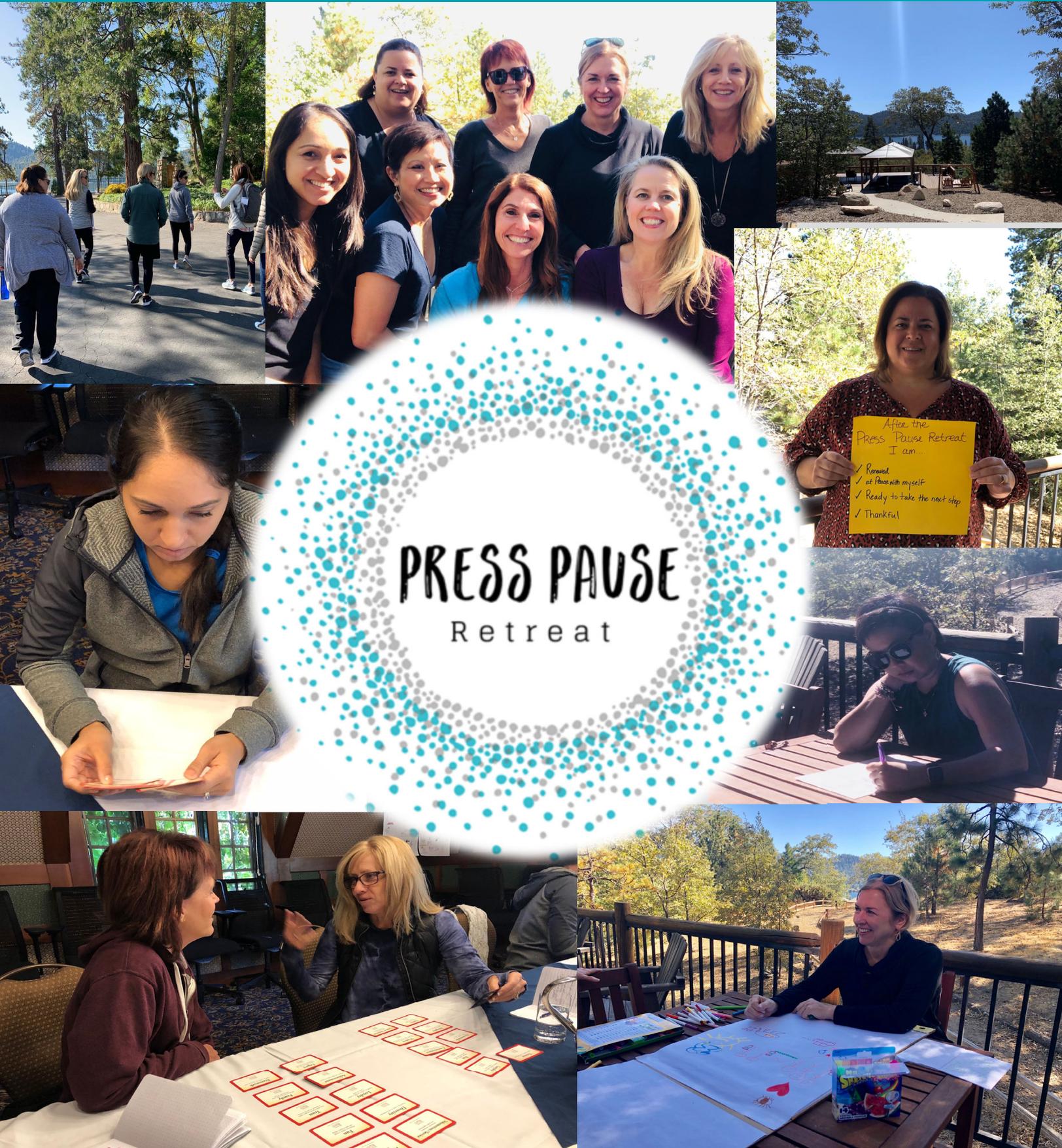
**UCLA Lake Arrowhead
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850 Willow Creek Rd
Lake Arrowhead, CA**

For more information or custom
programs contact

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PRESS PAUSE RETREATS



Contact us for upcoming dates or custom programs